



# Vies Braves

SEA SWIMMING LANES

## A PIONEER INITIATIVE IN THE WORLD

Vies Braves is a public network of marine itineraries on the Costa Brava designed for sports, leisure and teaching activities.

The itineraries run parallel to the coastal paths along the Costa Brava. Signs and buoys provide a safe way of enjoying and exploring the shoreline from the sea.

Vies Braves has something for everybody:

### Nature lovers,

Vies Braves for snorkelling and exploring the rich flora and fauna of the seabed.

### Sports lovers,

Vies Braves for swimming and enjoying the privileged natural environment.

### Swimmers and triathletes,

Vies Braves, the perfect place for open water training.

Before you go swimming :

- Check the weather forecast and the state of the sea.
- Choose an activity suitable for your swimming skills.
- Follow the advice and safety recommendations given on the Vies Braves website or the information panel for each sea itinerary.

Follow us on:



Visit our website



Learn about all the Vies Braves, sign up on our website

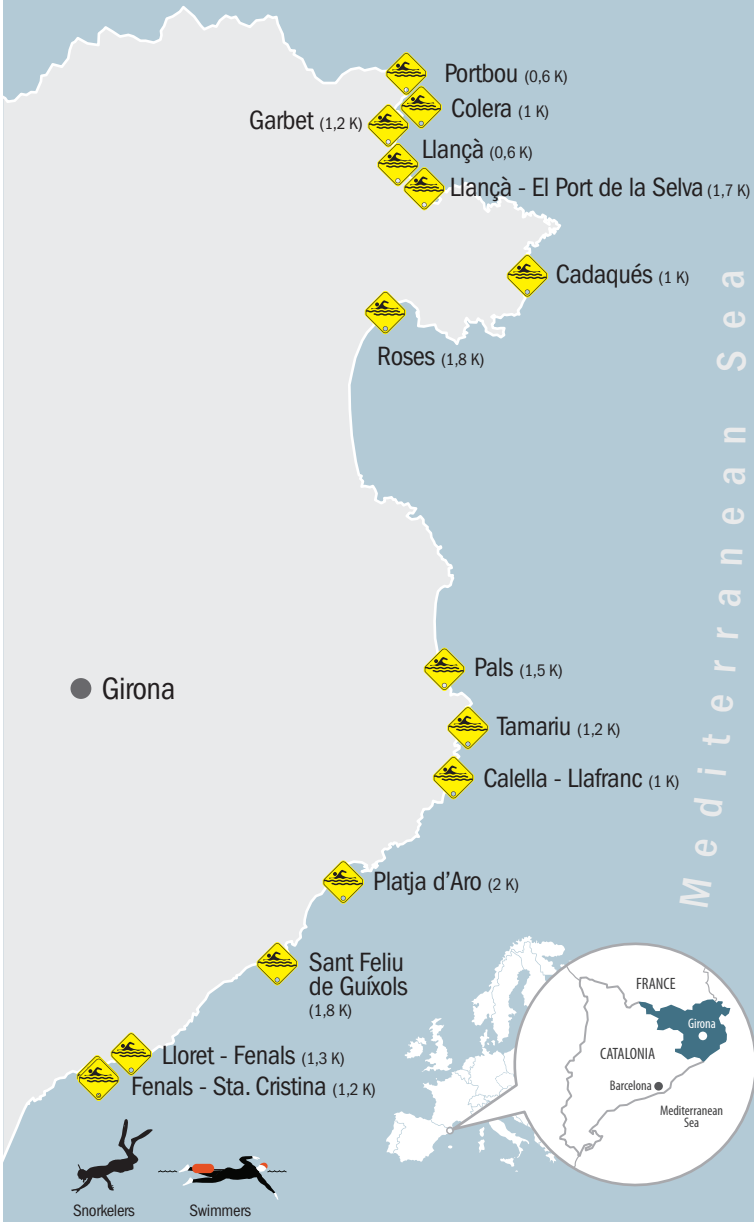
# ViesBraves.com



**Vies Braves**  
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**Costa Brava**



Drivers:



Main partner:



**Diputació de Girona**

**Girona**

Patronat de Turisme  
Costa Brava Girona